



Dr. Sudhir Chandra Sur Institute of Technology and Sports Complex

Report on Health Awareness Program

Topic: Health Awareness Program

Organized by: NCC, NSS, IQAC and Women Cell of Dr. Sudhir Chandra Sur Institute of Technology and Sports Complex (SurTech)

Organized for: All 1st year students, teaching and non-teaching staffs

Speaker:

1. **Dr. Ramdas Chatterjee**, President, K K Chatterjee Memorial Association, Former Head, Dept. of Tumor Virology, Chittaranjan National Cancer Institute.
2. **Dr. Chinmay Kumar Panda**, Former Assistant Director, Chittaranjan National Cancer Institute.

Date: 14th November, 2025

Time: From 03.30 PM to 04:30 PM

Venue: Auditorium Hall (room no.- 317)

No. of Participation: 70

Introduction:

A **Health Awareness Program** was organized on 14th November 2025 in joint collaboration of NCC, NSS, IQAC and Women Cell of Dr. Sudhir Chandra Sur Institute of Technology and Sports Complex (SurTech) to promote knowledge, early detection, and prevention of life-threatening diseases, with a special focus on cancer awareness and general community health. The program witnessed enthusiastic participation from students, faculty, community members and health professionals.

Objective:

The primary objectives of the session were:

- To educate participants about cancer risks, prevention, and the importance of early diagnosis
- To enhance public understanding of lifestyle-related diseases
- To encourage proactive health practices within the community
- To provide expert insights from experienced professionals in oncology and medical research

Overview of the Workshop:

The program started with a short introduction by the host **Ms. Chandrika Panja, Convener-Women Cell and HR Executive, SurTech**. After the insightful speech of the respected **Principal Prof. (Dr.) Saradindu Panda**, he felicitated the esteemed speakers of the program.

Dr. Ramdas Chatterjee delivered the keynote address, emphasizing the increasing burden of cancer and the vital role of community-based awareness initiatives. He discussed how environmental factors, viral infections, lifestyle choices, and genetic predisposition contribute to cancer development. Dr. Chatterjee highlighted the importance of regular medical checkups, vaccinations against cancer-related viruses, and maintaining healthy habits. His talk provided a scientific yet accessible understanding of tumor biology, empowering participants with practical steps to reduce risks.

Dr. Chinmay Kumar Panda focused on early detection techniques and the significance of timely medical intervention. He explained common warning signs of various cancers, screening procedures, and the impact of delayed diagnosis. Dr. Panda also shed light on India's cancer statistics and the need for awareness programs at grassroots levels. He encouraged participants to adopt preventive health practices and to act promptly when symptoms appear. His interactive session allowed attendees to clarify doubts regarding cancer myths and medical facts.

Outcome of the Program:

The Health Awareness Program successfully achieved its goals of educating and empowering the audience. Participants expressed increased confidence in identifying early symptoms, understanding prevention strategies, and encouraging others to seek timely medical advice. The expert guidance from Dr. Chatterjee and Dr. Panda added immense value and inspired attendees to prioritize their health and promote awareness within their communities.

Conclusion:

The program served as a powerful reminder that awareness is one of the strongest tools against disease. With continued efforts and support from medical experts and community organizations, such initiatives can significantly contribute to reducing the health burden and improving public well-being.

